



# SICO

Swiss International College of Osteopathy

**6. – 8. March 2020**

**Tema Stein RPT, DOMP, DSc.O**

We are pleased to invite you to take part in the **seminar**

## **POSTURE, LOWER EXTREMITY, FOOT AND GAIT PROBLEMS IN THE DEVELOPING BABY AND CHILD**

Development is a complex interplay between the child's maturing musculoskeletal system, the nervous system and the environment the child where is growing.

Participants will learn how to observe and evaluate development with a better understanding of developmental biomechanics, reflexes and reactions, sensory processing, muscle tone, viscera and posture.

Participants will also gain a better understanding the importance of biomechanical alignment in the development of the different ages and stages.

Osteopathic techniques will be shared and practiced that support biomechanical alignment and support optimum development of the child.

«Supporting Children's Development Through an Integrated Lens – The Role of Osteopathy»

### **Course Objectives**

1. To learn how to assess and understand the role of the foot and lower extremity in postural stability and mobility in the growing child

2. To learn how to observe and understand the developmental biomechanics at the different stages and the repercussions of improper sitting, crawling and standing on developmental biomechanics and function
3. To understand the role of osteopathy in biomechanical alignment in the developing child
4. To understand sensory processing and the importance of the vestibular/visual/auditory triad in the development of postural stability and mobility
5. To understand the impact of retained reflexes and reactions on sensorimotor development
6. To understand the impact of visceral problems on sensorimotor development
7. To understand the impact of regulation on development and learn how to support regulation through osteopathic techniques
8. To learn and practice osteopathic techniques to address structures in tension or dysfunction that can be interfering with postural alignment and development
9. To learn about orthotic intervention to support alignment and development
10. To discuss case studies and osteopathic intervention

### **Recommended for:**

Students					PG
1	2	3	4	5	C.O./D.O.

### **Location:**

SICO, Zinnenstrasse 7, 6353 Hertenstein  
Switzerland

### **Cost:**

CHF 690.00, Lunch is included

### **Time:**

6. March 2020:	9am – 5.30pm
7. March 2020:	9am – 5.30pm
8. March 2020:	9am – 4pm

### **Contact:**

E-Mail: [susan.kuhn@sico.ch](mailto:susan.kuhn@sico.ch)  
Telefon: + 41 41 390 11 82



# SICO

Swiss International College of Osteopathy

Fill out and send in a window envelope:

SICO Swiss International College of Osteopathy  
Zinnenstrasse 7  
6353 Hertenstein  
Switzerland

## Inscription

Posture, lower extremity, foot and gait

6. – 8. March 2020

CHF 690.00

First Name, Last Name

Company

Address

Postal Code, City

Phone, E-mail

I eat vegetarian       I need special food:

<input type="checkbox"/> Yes, I need a room:	<input type="checkbox"/> Single room EZ:	<input type="checkbox"/> shared bathroom or CHF 85.50	<input type="checkbox"/> bathroom onsite CHF 105.50
	<input type="checkbox"/> Double room DZ, shared with:	<input type="checkbox"/> shared bathroom or CHF 69.00	<input type="checkbox"/> bathroom onsite CHF 85.50

Date, Signature